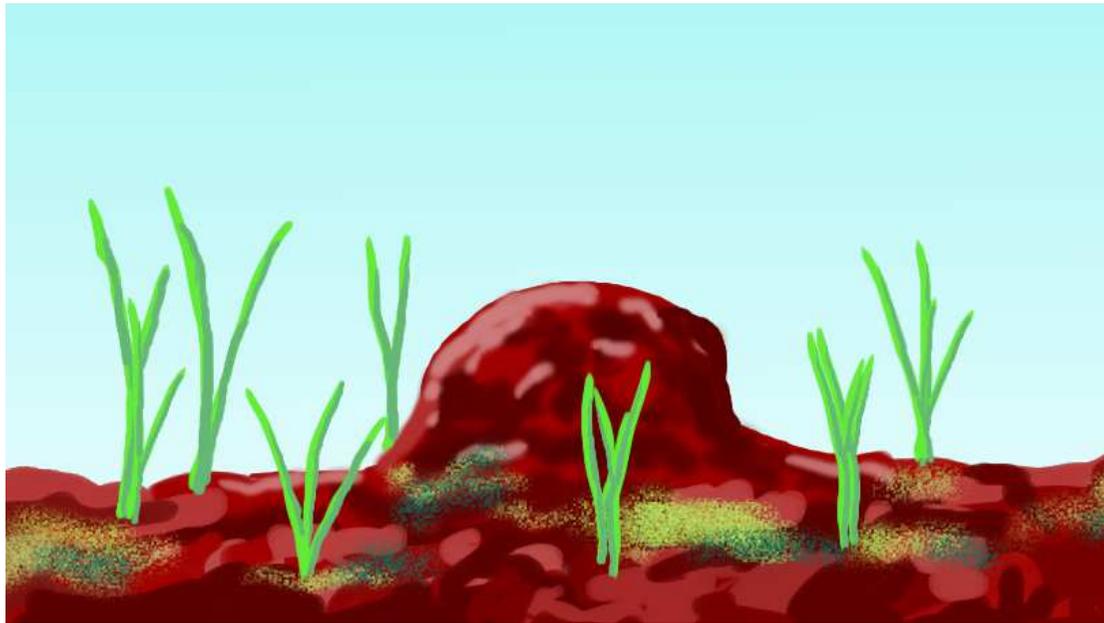


The Series of *The Reality called Imagination* - 3

# Into the Soil



**Jun Togo**

At a platform, the man somehow had a feeling of being made a fool of and killed another man with a smile on his face.



What? Marriage?



We were only smiling about our marriage!

So he wasn't laughing at me?





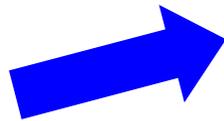
Like the above, it is possible to deny the reality and try to believe one's imagination only, because a man is given a great imaginative power and he/she can imagine anything.

However, you need a slight adjustment if you want to deny the reality and to believe in your own fantasy. Especially in the case like that an unwelcome one urges you to accept the reality.



I will show you a special psychological technique - how to develop a mental wall. It is very easy to build a wall in your mind. Let's try by using this case.

Firstly let's imagine that the person who urges you to accept the reality is evil and is your enemy.



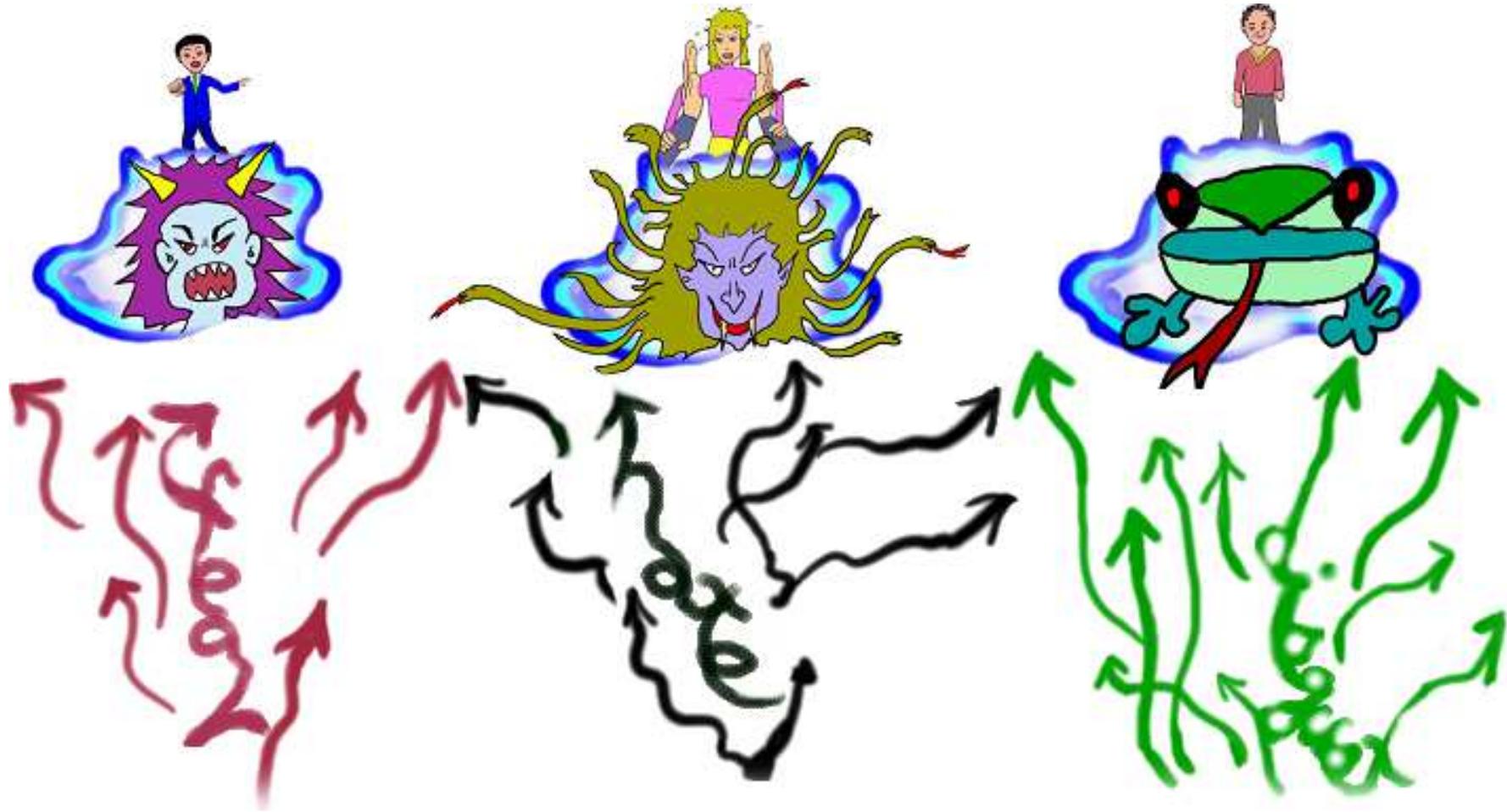
Then feelings such as disgust, hatred and distrust are born naturally in your mind.

Using the natural born feelings of disgust, hatred and distrust, you are starting to build a wall in your mind.



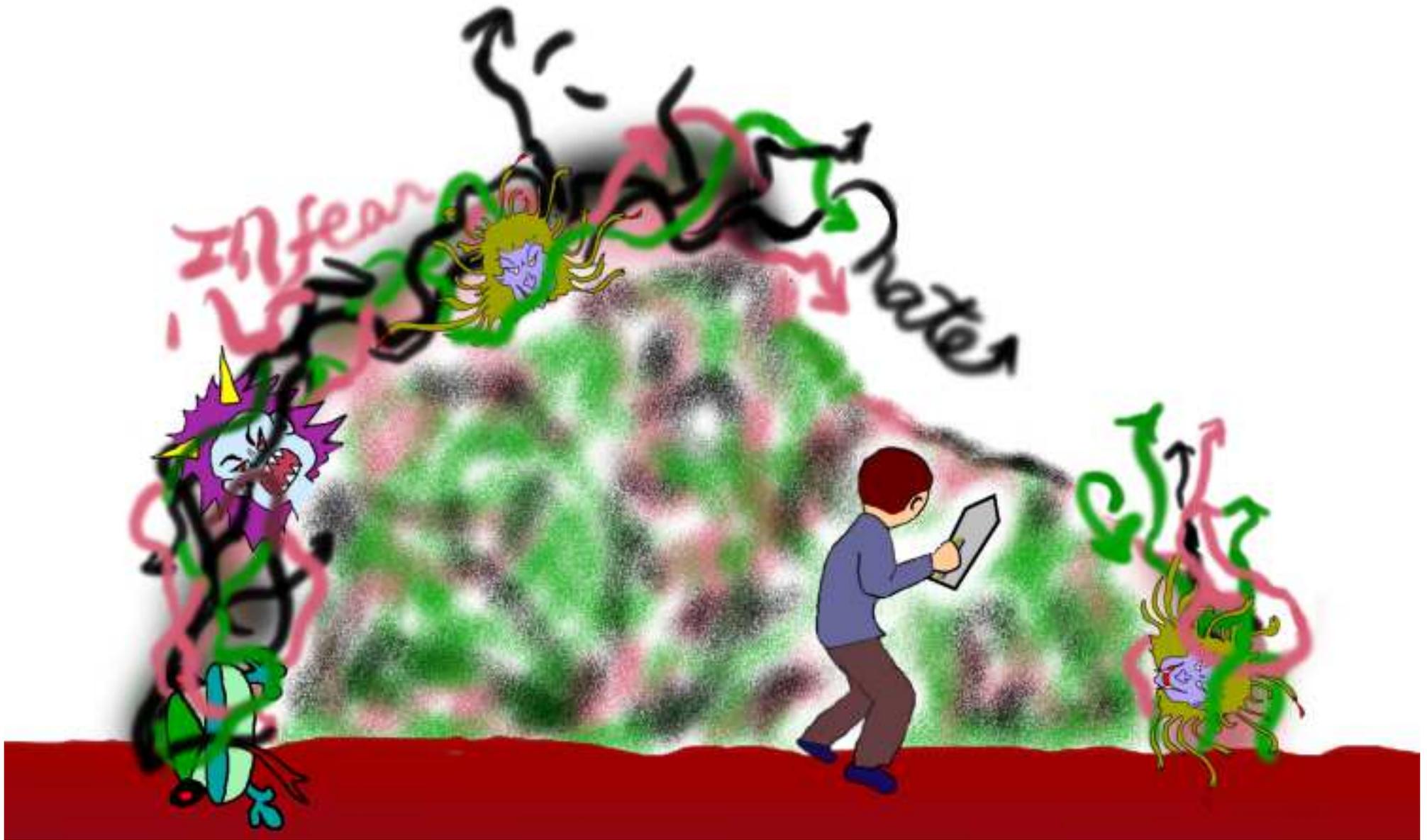
Ah! That's not enough, as you can still see the reality outside.

Let's make a bigger and stronger wall. Let's see, why don't you imagine something more extreme? Such as all human beings are enemies and evil, and all societies are dens of devils. It's also easy to imagine, isn't it?



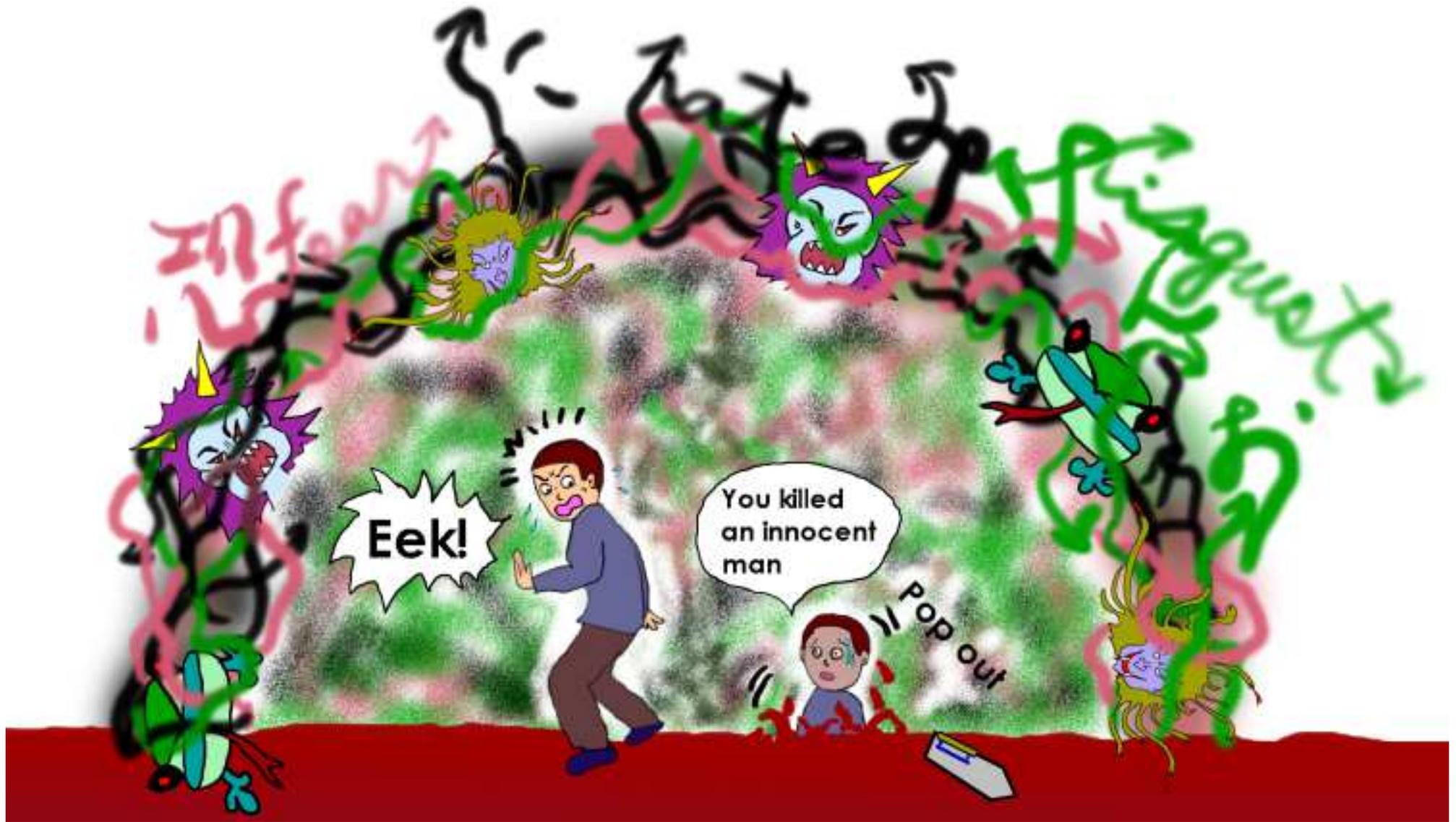
Now a lot of distrust, disgust, hatred and fear have been born!

By using an unpleasant imagination and the various feelings, a wall will be built. To make a firm wall, it is effective to put the feelings together complicatedly.



Now it seems enough. A strong thick wall has been built. Now you are a resident of a fantasy world. You can start to deny all realities.





Oh no! Your alter ego popped out from the bottom of your mind. It seems that such a thick wall was not enough!

Let's surround the top and the bottom, the right and the left with a much more thick and firm wall at all directions. Fortunately, the other side of the wall cannot be seen anymore. If you cannot see the other side, it is even easier to imagine. Now you can produce the material of the wall without a limit.



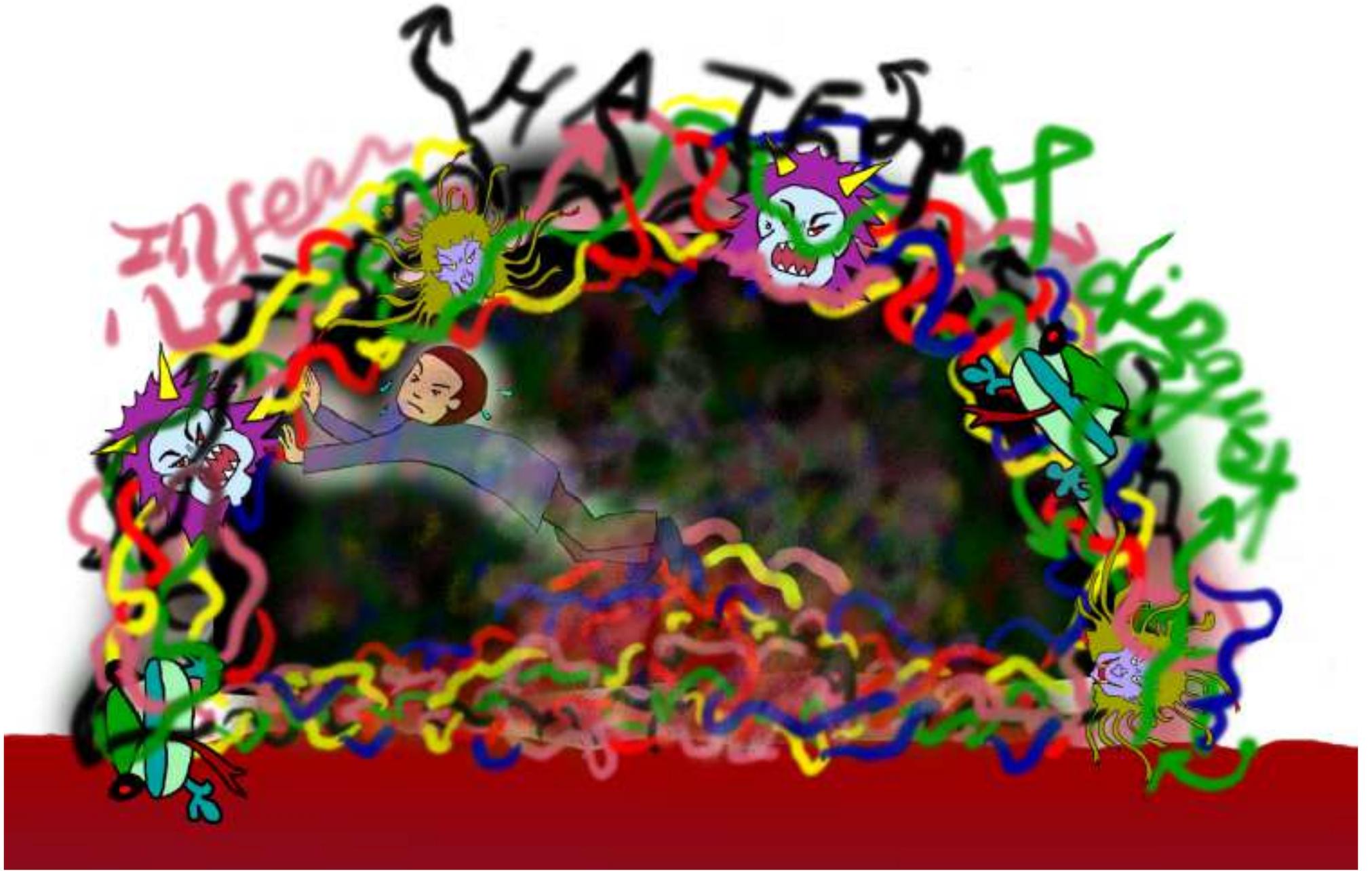
Now this should do the job!

But it has become somehow narrow and dark, and it is very quiet too.

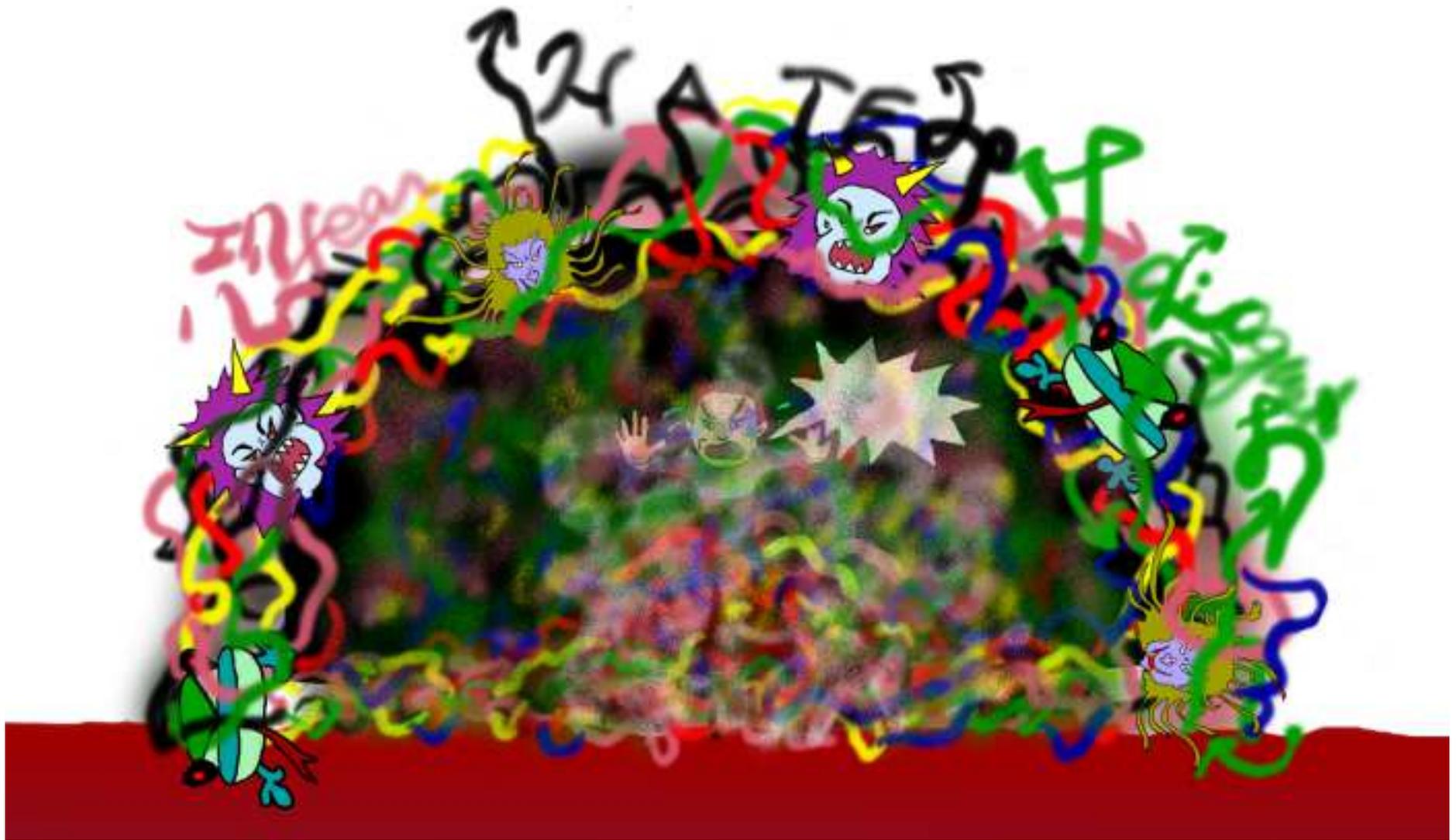
















## Afterword - picture book “Into the Soil”

This picture book is 3<sup>rd</sup> series of “The Reality called Imagination”.

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